

YOUR WELL-BEING STARTS HERE

EXECUTIVE HEALTH SCREENING



A SUBSIDIARY OF DOCTOR ANYWHERE

AN INTEGRATED HEALTH SCREENING CENTRE LOCATED IN THE HEART OF THE CITY





With advanced medical technology at its core, DA MedSuites goes beyond health screenings with a holistic emphasis on preventive care and overall well-being.

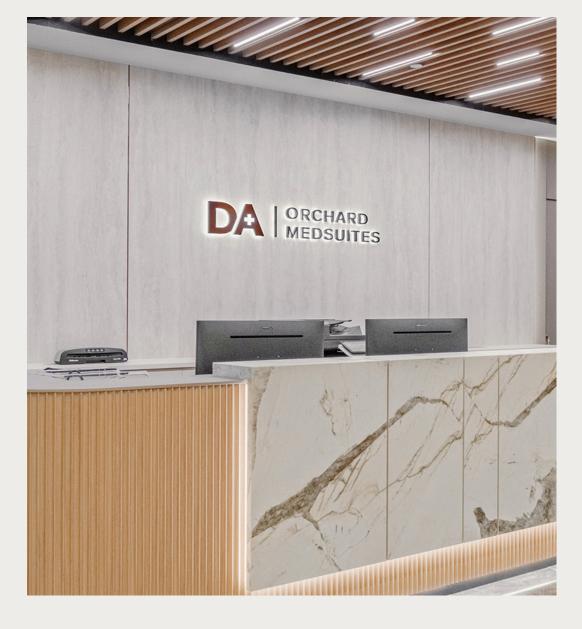
Centralised medical centre with screening and medical imaging in a single location

Seamlessly integrated, personalised care by a team of healthcare professionals

Sophisticated and serene environment ensuring your optimal comfort and privacy

12,000 sq ft | 17 private pods | 3 VIP suites





OVERVIEW

ASPEN

Basic Examinations Stool & Urine Tests Basic Eye Tests Basic Blood Review Basic Hormonal Tests Bone Joint Profile Diabetes Tests Hepatitis Panel Basic Lipid & Cardiac Panel Basic Tumour Markers X-ray/Resting ECG

BIRCH

Basic Examinations Stool & Urine Tests Eye Tests Basic Blood Review Basic Hormonal Tests Bone Joint Profile Diabetes Tests Hepatitis Panel Lipid & Cardiac Panel Tumour Markers X-ray & Other Screens 1 Ultrasound/Mammogram

CEDAR

Basic Examinations Stool & Urine Tests Eye Tests Blood Review Hormonal Tests Bone Joint Profile Diabetes Tests Hepatitis Panel Lipid & Cardiac Panel Tumour Markers X-ray & Other Screens 1 Ultrasound/Mammogram

ΟΑΚ

Basic Examinations Stool & Urine Tests Eye Tests Comprehensive Blood Review Hormonal Tests Bone Joint Profile Diabetes Tests Full Hepatitis Panel Lipid & Cardiac Panel Tumour Markers X-ray & Other Screens 1 Ultrasound/Mammogram/CT Scan

PREMIUM PACKAGES

| PINE | Vitamin D Test, CT Calcium Scoring, MRI Scan, Treadmill Test in addition to the Oak package. |
|---------|--|
| SEQUOIA | CT Coronary Angiogram, Gastroscopy, Colonoscopy, Cancer Screening (LucenceINSIGHT) in addition to the Pine package. |

ALL PACKAGES INCLUDE

Personalised health report, 1-to-1 GP review with recommendations and light refreshments

All screenings, excluding imaging tests, are **non-fasting** for your convenience.

SPECIALISED PACKAGES

CARDIAC HEALTH

OLIVE

Basic Examinations Stool & Urine Tests Eye Tests Basic Blood Review Hormonal Tests Bone Joint Profile Diabetes Tests Hepatitis Panel Lipid & Cardiac Panel Tumour Markers X-ray & Other Screens Ultrasounds Screening CT Scans

WOMEN'S HEALTH

WILLOW IRIS

Basic Examinations Stool & Urine Tests Eye Tests Comprehensive Blood Review Hormonal Tests Bone Joint Profile Diabetes Tests Hepatitis Panel Lipid & Cardiac Panel Tumour Markers Pap Smear/HPV Test Ultrasounds Screening Basic Examinations Stool & Urine Tests Eye Tests Comprehensive Blood Review Hormonal Tests Bone Joint Profile Diabetes Tests Hepatitis Panel Lipid & Cardiac Panel Tumour Markers Pap Smear/HPV Test Ultrasounds Screening Mammogram Bone Mineral Density Test ABI+

SAME DAY RESULTS SCREENING

ELM

Basic Examinations Urine Tests Basic Eye Tests Basic Blood Review Basic Hormonal Tests Bone Joint Profile Diabetes Tests Hepatitis Panel Basic Lipid & Cardiac Panel Basic Tumour Markers Resting ECG

MAPLE

Basic Examinations Urine Tests Eye Tests Blood Review Hormonal Tests Bone Joint Profile Diabetes Tests Hepatitis Panel Lipid & Cardiac Panel Tumour Markers Resting & Stress ECG Spirometry ABI+

ALL PACKAGES INCLUDE

Personalised health report, 1-to-1 GP review with recommendations and light refreshments

All screenings, excluding imaging tests, are non-fasting for your convenience.

ASPEN



MEDICAL ASSESSMENT

Full Physical Examination Full Biometric Parameters

KIDNEY FUNCTION

Urea Creatinine Sodium Potassium Chloride Bicarbonate eGFR

LIVER FUNCTION

Total Protein Albumin Globulin A/G Ratio Total Bilirubin Alkaline Phosphatase SGOT (AST) SGPT (ALT) GGT

STOOL & URINE

Stool Occult Blood Test Urine FEME Microalbumin/Creatinine Ratio

EYE

Visual Acuity Colour Vision

HAEMATOLOGY PROFILE

Full Blood Count PBF ESR

HORMONAL TESTS

Thyroid Function (FT4, TSH)

BONE JOINT PROFILE

Uric Acid Rheumatoid Factor Calcium, Phosphate

DIABETES

Blood Glucose, HbA1c

HEPATITIS

Hepatitis A Hepatitis B

LIPID & CARDIAC

Total Cholesterol Triglycerides HDL, LDL, Chol/HDL ratio

TUMOUR MARKERS

AFP (Liver) CEA (Colon) PSA (Prostate) (Male) CA125 (Ovaries) (Female)

X-RAYS & OTHER SCREENS

Choice of 1 test: Chest X-ray Resting ECG

> PRIVATE POD REFRESHMENTS 1 HOUR 30 MINS

BIRCH



MEDICAL ASSESSMENT

Full Physical Examination Full Biometric Parameters

KIDNEY FUNCTION

Urea Creatinine Sodium Potassium Chloride Bicarbonate eGFR

LIVER FUNCTION

Total Protein Albumin Globulin A/G Ratio Total Bilirubin Alkaline Phosphatase SGOT (AST) SGPT (ALT) GGT

STOOL & URINE

Stool Occult Blood Test Urine FEME Microalbumin/Creatinine Ratio

EYE

Visual Acuity Colour Vision Tonometry

HAEMATOLOGY PROFILE

Full Blood Count PBF ESR

HORMONAL TESTS

Thyroid Function (FT4, TSH)

BONE JOINT PROFILE

Uric Acid Rheumatoid Factor Calcium, Phosphate

DIABETES

Blood Glucose, HbA1c

HEPATITIS

Hepatitis A Hepatitis B

LIPID & CARDIAC

Total Cholesterol Triglycerides HDL, LDL, Chol/HDL ratio HsCRP

TUMOUR MARKERS

AFP (Liver) CEA (Colon) PSA (Prostate) (Male) CA125 (Ovaries) (Female) CA19.9 (Pancreas)

X-RAYS & OTHER SCREENS

Chest X-ray Resting ECG Spirometry Pap Smear (Female <30 y.o.) HPV Test (Female <30 y.o.)

ADDITIONAL SCREENS

Choice of 1 test: Treadmill Test (Stress ECG) Ultrasound Abdomen Ultrasound Thyroid Ultrasound Liver Ultrasound Prostate (Male) Ultrasound Pelvis (Female) Ultrasound Breasts (Female) Ultrasound Kidney Ureter Bladder Mammogram (Female)

> PRIVATE POD REFRESHMENTS 2 HOURS



FROM FOLIAGE TO SCULPTURE

The graceful contours of oak tree leaves served as inspiration for the captivating ceiling light sculpture adorning our dining and waiting area.





CEDAR



MEDICAL ASSESSMENT

Full Physical Examination Full Biometric Parameters

KIDNEY FUNCTION

Urea Creatinine Sodium Potassium Chloride Bicarbonate eGFR

LIVER FUNCTION

Total Protein Albumin Globulin A/G Ratio Total Bilirubin Alkaline Phosphatase SGOT (AST) SGPT (ALT) GGT

STOOL & URINE

Stool Occult Blood Test Urine FEME Microalbumin/Creatinine Ratio

EYE

Visual Acuity Colour Vision Tonometry

HAEMATOLOGY PROFILE

Full Blood Count PBF ESR ABO Grouping

HORMONAL TESTS

Thyroid Function (FT3, FT4, TSH)

BONE JOINT PROFILE

Uric Acid Rheumatoid Factor Calcium, Phosphate Antinuclear Antibody

DIABETES

Blood Glucose, HbA1c

HEPATITIS

Hepatitis A Hepatitis B

LIPID & CARDIAC

Total Cholesterol Triglycerides HDL, LDL, Chol/HDL ratio HsCRP Troponin Test

TUMOUR MARKERS

AFP (Liver) CEA (Colon) PSA (Prostate) (Male) CA125 (Ovaries) (Female) CA19.9 (Pancreas) Beta-hCG (Testis) (Male) CA15.3 (Breast) (Female)

X-RAYS & OTHER SCREENS

Chest X-ray Bone Mineral Density Test Resting ECG Spirometry Pap Smear (Female <30 y.o.) HPV Test (Female <30 y.o.)

ADDITIONAL SCREENS

Choice of 1 test: Treadmill Test (Stress ECG) Ultrasound Abdomen Ultrasound Thyroid Ultrasound Liver Ultrasound Prostate (Male) Ultrasound Pelvis (Female) Ultrasound Breasts (Female) Ultrasound Kidney Ureter Bladder Mammogram (Female)

> PRIVATE POD REFRESHMENTS 2 HOUR 15 MINS

S\$1,839 GST-inclusive

MEDICAL ASSESSMENT

Full Physical Examination Full Biometric Parameters

KIDNEY FUNCTION

Urea Creatinine Sodium Potassium Chloride Bicarbonate eGFR

LIVER FUNCTION

Total Protein Albumin Globulin A/G Ratio Total Bilirubin Alkaline Phosphatase SGOT (AST) SGPT (ALT) GGT

STOOL & URINE

Stool Occult Blood Test Urine FEME Microalbumin/Creatinine Ratio

EYE

Visual Acuity Colour Vision Tonometry Retinal Photography

HAEMATOLOGY PROFILE

Full Blood Count PBF ESR ABO Grouping Vitamin B12 Folate/Folic Acid Ferritin Iron Serum Iron Binding Capacity (TIBC) % Iron Saturation

HORMONAL TESTS

Thyroid Function (FT3, FT4, TSH) Adrenocorticotropic Hormone FSH LH (Female) ICSH (Male) Estradiol Testosterone Prolactin DHEA Sulphate Cortisol

BONE JOINT PROFILE

Uric Acid Rheumatoid Factor Calcium, Phosphate Antinuclear Antibody

DIABETES

Blood Glucose, HbA1c

HEPATITIS

Hepatitis A Hepatitis B Hepatitis C

LIPID & CARDIAC

Total Cholesterol Triglycerides HDL, LDL, Chol/HDL ratio HsCRP Troponin Test Creatine Kinase CK-MB

TUMOUR MARKERS

AFP (Liver) CEA (Colon) PSA (Prostate) (Male) CA125 (Ovaries) (Female) CA19.9 (Pancreas) Beta-hCG (Testis) (Male) CA15.3 (Breast) (Female) EBV EA-IgA (Nose)

X-RAYS & OTHER SCREENS

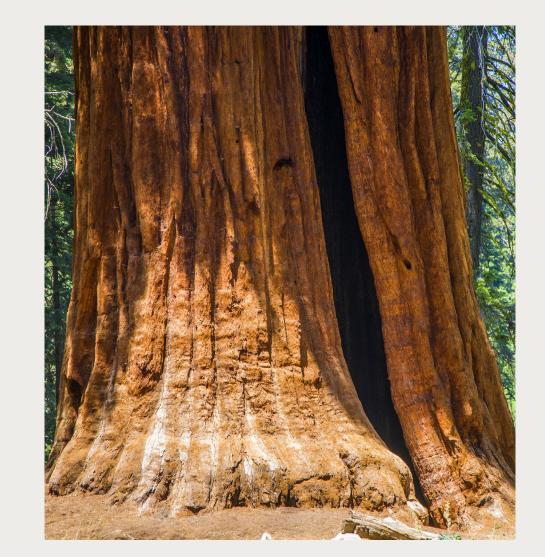
Chest X-ray Bone Mineral Density Test Resting ECG Spirometry Pap Smear (Female <30 y.o.) HPV Test (Female >30 y.o.) Helicobacter Pylori, IgG Antibody

ADDITIONAL SCREENS

Choice of 1 test: Treadmill Test (Stress ECG) Ultrasound Abdomen Ultrasound Thyroid Ultrasound Liver Ultrasound Prostate (Male) Ultrasound Pelvis (Female) Ultrasound Breasts (Female) Ultrasound Kidney Ureter Bladder Mammogram (Female) CT Calcium Scoring

> PRIVATE POD REFRESHMENTS 2 HOURS 30 MINS





DESIGN ROOTED IN NATURE

Inspired by towering Sequoia trees, our pods provide you with privacy and peace of mind.

PINE & SEQUOIA

MEDICAL ASSESSMENT

Full Physical Examination Full Biometric Parameters

KIDNEY FUNCTION

Urea Creatinine Sodium Potassium Chloride Bicarbonate eGFR

LIVER FUNCTION

Total Protein Albumin Globulin A/G Ratio Total Bilirubin Alkaline Phosphatase SGOT (AST) SGPT (ALT) GGT

STOOL & URINE

Stool Occult Blood Test Urine FEME Microalbumin/Creatinine Ratio

EYE

Visual Acuity Colour Vision Tonometry Retinal Photography

HAEMATOLOGY PROFILE

Full Blood Count PBF ESR ABO Grouping Vitamin B12 Folate/Folic Acid Ferritin Iron Serum Iron Binding Capacity (TIBC) % Iron Saturation

HORMONAL TESTS

Thyroid Function (FT3, FT4, TSH) Adrenocorticotropic Hormone FSH LH (Female) ICSH (Male) Estradiol Testosterone Prolactin DHEA Sulphate Cortisol Vitamin D

BONE JOINT PROFILE

Uric Acid Rheumatoid Factor Calcium, Phosphate Antinuclear Antibody

DIABETES

Blood Glucose, HbA1c

HEPATITIS

Hepatitis A Hepatitis B Hepatitis C

LIPID & CARDIAC

Total Cholesterol Triglycerides HDL, LDL, Chol/HDL ratio HsCRP Troponin Test Creatine Kinase CK-MB

TUMOUR MARKERS

AFP (Liver) CEA (Colon) PSA (Prostate) (Male) CA125 (Ovaries) (Female) CA19.9 (Pancreas) Beta-hCG (Testis) (Male) CA15.3 (Breast) (Female) EBV EA-IgA (Nose)

X-RAYS & OTHER SCREENS

Chest X-ray Bone Mineral Density Test Resting ECG Treadmill Test (Stress ECG) Spirometry Pap Smear (Female <30 y.o.) HPV Test (Female *30 y.o.) Helicobacter Pylori, IgG Antibody

PINE INCLUSIONS



CT & MRI SCANS

CT Calcium Scoring

Choice of 1 test: MRI Lumbar Spine MRI Cervical Spine MRI Thoracic Spine MRI Knee MRI Abdomen & Pelvis MRI Prostate

ADDITIONAL SCREENS

Choice of 1 test: Ultrasound Abdomen Ultrasound Thyroid Ultrasound Liver Ultrasound Prostate (Male) Ultrasound Pelvis (Female) Ultrasound Breasts (Female) Ultrasound Kidney Ureter Bladder Mammogram (Female)

> VIP SUITE CLASSIC MENU 3 HOURS 30 MINS

> > S\$14,169

GST-inclusive

SEQUOIA INCLUSIONS

CT & MRI SCANS

CT Calcium Scoring CT Coronary Angiogram MRI Full Body Scan

SPECIALIST TESTS

Gastroscopy (Stomach Scope)* Colonoscopy (Bowel Scope)*

CANCER SCREENING

LucenceINSIGHT

ADDITIONAL SCREENS

Choice of 1 test: Ultrasound Abdomen Ultrasound Thyroid Ultrasound Liver Ultrasound Prostate (Male) Ultrasound Pelvis (Female) Ultrasound Breasts (Female) Ultrasound Kidney Ureter Bladder Mammogram (Female)

*Specialist tests are done off-site and on another day. Estimated duration is not inclusive of these tests. VIP SUITE CLASSIC MENU 4 HOURS

AT A GLANCE

| | | ASPEN | BIRCH | CEDAR | ΟΑΚ | PINE | SEQUOIA |
|------------------------|---|--------------|--------------|--------------|--------------|--------------|--------------|
| | Prices (incl. GST) | S\$519 | S\$749 | S\$1,059 | S\$1,839 | S\$4,359 | S\$14,169 |
| Medical Assessments | Post-check review | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | Full Physical Examination | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | Full Biometric Examination | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| Kidney | Kidney/Renal Function | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| Liver | Liver Function | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| Stool | Stool Occult blood test (immunological) | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| Urine | Urine FEME | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | Microalbumine/Creatinine ratio | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | Visual Acuity | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| _ | Colour Vision | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| Еуе | Tonometry | | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | Retinal Photography | | | | \checkmark | \checkmark | \checkmark |
| | Full Blood Count | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | PBF | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | ESR | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| Haematology | ABO Grouping | | | \checkmark | \checkmark | \checkmark | \checkmark |
| Profile | Vitamin B12 | | | | \checkmark | \checkmark | \checkmark |
| | Folate/Folic Acid | | | | \checkmark | \checkmark | \checkmark |
| | Ferritin | | | | \checkmark | \checkmark | \checkmark |
| | Iron Serum, Iron Binding Capacity (TIBC), % Iron Saturation | | | | \checkmark | \checkmark | \checkmark |
| | Thyroid Function Test (Free T4, TSH) | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | Thyroid Function Test (Free T3) | | | \checkmark | \checkmark | \checkmark | \checkmark |
| | Adrenocorticotropic Hormone | | | | \checkmark | \checkmark | \checkmark |
| | FSH | | | | \checkmark | \checkmark | \checkmark |
| | LH (Female)/ICSH (Male) | | | | \checkmark | \checkmark | \checkmark |
| Hormonal Tests | Estradiol | | | | \checkmark | \checkmark | \checkmark |
| | Testosterone | | | | \checkmark | \checkmark | \checkmark |
| | Prolactin | | | | \checkmark | \checkmark | \checkmark |
| | DHEA Sulphate | | | | \checkmark | \checkmark | \checkmark |
| | Cortisol | | | | \checkmark | \checkmark | \checkmark |
| | Vitamin D | | | | | \checkmark | \checkmark |
| | Uric Acid | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| Bone Joint Profile | Rheumatoid Factor | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | Calcium, Phosphate | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | Antinuclear Antibody | | | \checkmark | \checkmark | \checkmark | \checkmark |
| Diabetes | Blood Glucose, HbA1c | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| Hepatitis | Hepatitis A | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | Hepatitis B | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | Hepatitis C | | | | \checkmark | \checkmark | \checkmark |

| | | ASPEN | BIRCH | CEDAR | ΟΑΚ | PINE | SEQUOIA |
|---------------------|---|--------------|--------------|--------------|---------------|---------------|---------------|
| | Prices (incl. GST) | S\$519 | S\$749 | S\$1,059 | S\$1,839 | S\$4,359 | S\$14,169 |
| Lipid & Cardiac | Total Cholesterol | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | Triglycerides | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | HDL, LDL, Chol/HDL Ratio | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | HsCRP | | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | Troponin Test | | | \checkmark | \checkmark | \checkmark | \checkmark |
| | Creatine Kinase | | | | \checkmark | \checkmark | \checkmark |
| | СК-МВ | | | | \checkmark | \checkmark | \checkmark |
| Tumour Markers | AFP (Liver) | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | CEA (Colon) | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | PSA (Prostate) (Male)/CA125 (Ovaries) (Female) | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | CA19.9 (Pancreas) | | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | Beta-hCG (Testis) (Male)/CA15.3 (Breast) (Female) | | | \checkmark | \checkmark | \checkmark | \checkmark |
| | EBV EA-IgA (Nose) | | | | \checkmark | \checkmark | \checkmark |
| | Bone Mineral Density Test (BMD) | | | \checkmark | \checkmark | \checkmark | \checkmark |
| X-rays | Chest | Choose | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | Resting ECG | one | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| | Spirometry | | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| Other | Pap Smear/HPV Test (Female, based on age) | | \checkmark | \checkmark | \checkmark | \checkmark | \checkmark |
| Screens | Helicobacter Pylori, IgG Antibody | | | | \checkmark | \checkmark | \checkmark |
| | Treadmill Test (Stress ECG) | | | | | \checkmark | \checkmark |
| | Mammogram (Female) | | | | | | |
| | Ultrasound Thyroid | | | | | | |
| | Ultrasound Abdomen | | Choose | Choose | | | |
| | Ultrasound Prostate (Male)/Pelvis (Female) Ultrasound Breasts (Female) | | one | one | Choose one | Choose one | Choose one |
| Ultrasounds | | | | | | | |
| | Ultrasound Kidney Ureter Bladder | | | | | | |
| | Ultrasound Liver | | | | | | |
| CT Scans | CT Calcium Scoring | | | | | \checkmark | \checkmark |
| | CT Coronary Angiogram | | | | | | \checkmark |
| | MRI Lumbar Spine | | | | | | |
| | MRI Cervical Spine | | | | | | |
| | MRI Thoracic Spine | | | | | Choose | |
| MRI Scans | MRI Knee | | | | | | |
| | MRI Abdomen & Pelvis | | | | | | |
| | MRI Prostate | | | | | | |
| | MRI Full Body Scan | | | | | | \checkmark |
| Specialist Tests | Colonoscopy/Gastroscopy | | | | | | \checkmark |
| Cancer Screening | LucenceINSIGHT | | | | | | \checkmark |



CARDIAC HEALTH SCREENING

OLIVE



MEDICAL ASSESSMENT

Full Physical Examination Full Biometric Parameters

KIDNEY FUNCTION

Urea Creatinine Sodium Potassium Chloride Bicarbonate eGFR

LIVER FUNCTION

Total Protein Albumin Globulin A/G Ratio Total Bilirubin Alkaline Phosphatase SGOT (AST) SGPT (ALT) GGT

STOOL & URINE

Stool Occult Blood Test Urine FEME Microalbumin/Creatinine Ratio

EYE

Visual Acuity Colour Vision Tonometry

HAEMATOLOGY PROFILE

Full Blood Count PBF ESR

HORMONAL TESTS

Thyroid Function (FT4, TSH)

BONE JOINT PROFILE

Uric Acid Rheumatoid Factor Calcium, Phosphate

DIABETES

Blood Glucose, HbA1c

HEPATITIS

Hepatitis A Hepatitis B

LIPID & CARDIAC

Total Cholesterol Triglycerides HDL, LDL, Chol/HDL ratio HsCRP Troponin Test Apolipoprotein A, B, ApoB/ApoA-I ratio Lipoprotein(a) [Lp(a)]

TUMOUR MARKERS

AFP (Liver) CEA (Colon)

ULTRASOUNDS

Ultrasound CIMT

CT SCANS

CT Calcium Score

OTHER SCREENS

Resting ECG Treadmill ECG Spirometry ABI+

PRIVATE POD REFRESHMENTS 3 HOURS 30 MINS

WILLOW

MEDICAL ASSESSMENT

Full Physical Examination Full Biometric Parameters

KIDNEY FUNCTION

Urea Creatinine Sodium Potassium Chloride Bicarbonate eGFR

LIVER FUNCTION

Total Protein Albumin Globulin A/G Ratio Total Bilirubin Alkaline Phosphatase SGOT (AST) SGPT (ALT) GGT

STOOL & URINE

Stool Occult Blood Test Urine FEME Microalbumin/Creatinine Ratio

EYE

Visual Acuity Colour Vision Tonometry

HAEMATOLOGY PROFILE

Full Blood Count PBF ESR ABO Grouping Vitamin B12 Folate/Folic Acid Iron Serum Iron Binding Capacity (TIBC) Ferritin % Iron Saturation

HORMONAL TESTS

Thyroid Function (FT4, TSH) FSH LH Estradiol Testosterone Prolactin DHEA Sulphate Cortisol

BONE JOINT PROFILE

Uric Acid Rheumatoid Factor Calcium, Phosphate

DIABETES

Blood Glucose, HbA1c

HEPATITIS

Hepatitis A Hepatitis B

LIPID & CARDIAC

Total Cholesterol Triglycerides HDL, LDL, Chol/HDL ratio HsCRP



GST-inclusive

AFP (Liver) CEA (Colon) CA125 (Ovaries) CA15.3 (Breast)

ULTRASOUNDS

Ultrasound Pelvis Ultrasound Breasts

OTHER SCREENS

Resting ECG Pap Smear (Female <30 y.o.) HPV Test (Female >30 y.o.)

> PRIVATE POD REFRESHMENTS 2 HOURS 30 MINS

IRIS

MEDICAL ASSESSMENT

Full Physical Examination Full Biometric Parameters

KIDNEY FUNCTION

Urea Creatinine Sodium Potassium Chloride Bicarbonate eGFR

LIVER FUNCTION

Total Protein Albumin Globulin A/G Ratio Total Bilirubin Alkaline Phosphatase SGOT (AST) SGPT (ALT) GGT

STOOL & URINE

Stool Occult Blood Test Urine FEME Microalbumin/Creatinine Ratio

EYE

Visual Acuity Colour Vision Tonometry

HAEMATOLOGY PROFILE

Full Blood Count PBF ESR ABO Grouping Vitamin B12 Folate/Folic Acid Iron Serum Iron Binding Capacity (TIBC) Ferritin % Iron Saturation

HORMONAL TESTS

Thyroid Function (FT4, TSH) FSH LH Estradiol Testosterone Prolactin DHEA Sulphate Cortisol

BONE JOINT PROFILE

Uric Acid Rheumatoid Factor Calcium, Phosphate

DIABETES

Blood Glucose, HbA1c

HEPATITIS

Hepatitis A Hepatitis B

LIPID & CARDIAC

Total Cholesterol Triglycerides HDL, LDL, Chol/HDL ratio HsCRP

TUMOUR MARKERS

S\$1,288 GST-inclusive

AFP (Liver) CEA (Colon) CA125 (Ovaries) CA15.3 (Breast)

ULTRASOUNDS

Ultrasound Pelvis

X-RAYS & OTHER SCREENS

Mammogram Bone Mineral Density Test Resting ECG ABI+ Pap Smear (Female <30 y.o.)

HPV Test (Female ≥30 y.o.)

PRIVATE POD REFRESHMENTS 3 HOURS

SAME DAY RESULTS SCREENING

ELM



MEDICAL ASSESSMENT

Full Physical Examination Full Biometric Parameters

KIDNEY FUNCTION

Urea Creatinine Sodium Potassium Chloride Bicarbonate eGFR

LIVER FUNCTION

Total Protein Albumin Globulin A/G Ratio Total Bilirubin Alkaline Phosphatase SGOT (AST) SGPT (ALT) GGT

URINE

Urine FEME Microalbumin/Creatinine Ratio

EYE

Visual Acuity Colour Vision

HAEMATOLOGY PROFILE

Full Blood Count PBF ESR

HORMONAL TESTS

Thyroid Function (FT4, TSH)

BONE JOINT PROFILE

Uric Acid Rheumatoid Factor Calcium, Phosphate

DIABETES

Blood Glucose, HbA1c

HEPATITIS

Hepatitis A Hepatitis B

LIPID & CARDIAC

Total Cholesterol Triglycerides HDL, LDL, Chol/HDL ratio

TUMOUR MARKERS

AFP (Liver) CEA (Colon) PSA (Prostate) (Male) CA125 (Ovaries) (Female)

OTHER SCREENS

Resting ECG

Important note:

For Same Day Results Screening, appointments must be made at <u>7:30 AM</u>, and are available <u>Monday to</u> <u>Friday only</u>. A doctor's review will be scheduled in the <u>late afternoon on the same day</u> of the test.

PRIVATE POD REFRESHMENTS 1 HOUR 30 MINS

MAPLE

MEDICAL ASSESSMENT

Full Physical Examination Full Biometric Parameters

KIDNEY FUNCTION

Urea Creatinine Sodium Potassium Chloride Bicarbonate eGFR

LIVER FUNCTION

Total Protein Albumin Globulin A/G Ratio Total Bilirubin Alkaline Phosphatase SGOT (AST) SGPT (ALT) GGT

URINE

Urine FEME Microalbumin/Creatinine Ratio

EYE

Visual Acuity Colour Vision Tonometry

HAEMATOLOGY PROFILE

Full Blood Count PBF ESR ABO Grouping

HORMONAL TESTS

Thyroid Function (FT3, FT4, TSH)

BONE JOINT PROFILE

Uric Acid Rheumatoid Factor Calcium, Phosphate

DIABETES

Blood Glucose, HbA1c

HEPATITIS

Hepatitis A Hepatitis B

LIPID & CARDIAC

Total Cholesterol Triglycerides HDL, LDL, Chol/HDL ratio HsCRP Troponin Test

TUMOUR MARKERS

GST-inclusive

AFP (Liver) CEA (Colon) PSA (Prostate) (Male) CA125 (Ovaries) (Female) CA19.9 (Pancreas) Beta-hCG (Testis) (Male) CA15.3 (Breast) (Female)

OTHER SCREENS

Resting ECG Treadmill Test (Stress ECG) Spirometry ABI+

Important note:

For Same Day Results Screening, appointments must be made at <u>7:30 AM</u>, and are available <u>Monday to</u> <u>Friday only</u>. A doctor's review will be scheduled in the <u>late afternoon on the same day</u> of the test.

PRIVATE POD REFRESHMENTS 2 HOURS



CARE WITH A PERSONAL TOUCH

Our health screenings offer personalised care, expert guidance, and actionable insights to help you take charge of your well-being.





ADD-ONS

CANCER SCREENINGS

STANDARD CANCER SCREEN

\$\$319 (GST-inclusive) Included in Cedar, Oak, Pine and Sequoia*

For crucial early detection of cancer, especially for those with a family history of cancer.

Choice of 2 tests:

CA19.9 (Pancreas) PSA (Prostate)/CA125 (Ovaries) Beta-hCG (Testis)/CA15.3 (Breast) EBV EA-IgA (Nose)

Choice of 1 test: Ultrasound Prostate Ultrasound Breasts Ultrasound Pelvis Ultrasound Abdomen Ultrasound Thyroid Mammogram

EARLY DETECTION MULTI-CANCER SCREEN

S\$1,099-S\$4,099 (GST-inclusive)

Included in Sequoia*

Genetic testing is used to detect early signs of cancer and to predict the site of origin.

Choice of 1 tests:

LucenceINSIGHT[™] 5 (S\$1,099) LucenceINSIGHT[™] Women's 7 (S\$1,499) LucenceINSIGHT[™] (S\$2,099) LucenceINSIGHT[™] PLUS (S\$4,099)

*The add-on package (or a part thereof) is included in selected health screening tiers. Please contact our staff who can provide further advice.

Note: If the total time required for selected add-on tests exceeds your scheduled health screening duration, it may be necessary to schedule these tests on a separate day.



SEXUAL HEALTH & FERTILITY TESTS

SEXUAL WELLNESS SCREENING

S\$189 (GST-inclusive)

To identify Sexually Transmitted Infections (STIs) that may be asymptomatic.

Tests:

Syphilis (VDRL, Titre) Syphilis (TPHA if VDRL reactive) Herpes Simplex Virus Type I & II Chlamydia Gonorrhoea PCR

Optional top-up: HPV Test (S\$118.81)

PRE-MARITAL SCREEN

S\$229 (GST-inclusive)

To screen for fertility or detect any illnesses that could be passed down to children.

STI screenings: Syphilis (VDRL, Titre) Syphilis (TPHA if VDRL reactive) HIV Antibody

HORMONE PANEL

S\$149-S\$169 (GST-inclusive) Included in Oak, Pine and Sequoia*

To detect thyroid problems, hormonal imbalances, or fertility. For the signs of menopause, abnormal hair growth and irregular heartbeat.

Tests:

Men's Hormonal Screen - Testosterone, FSH, ICSH, Prolactin (S\$149) Women's Hormonal Screen - Estradiol, Progesterone, FSH, LH, Prolactin (S\$169)



Note: If the total time required for selected add-on tests exceeds your scheduled health screening duration, it may be necessary to schedule these tests on a separate day.



ADD-ONS

ADD-ONS

WELLNESS TESTS

DIGESTIVE SYSTEM SCREEN

\$\$6,749 (GST-inclusive) Included in Sequoia*

To identify digestive diseases.

Tests: Lipase Test Amylase Test

Choice of 1 test: Gastroscopy/Colonoscopy

MICROBIOME GUT HEALTH TEST

S\$400 (GST-inclusive)

To identify the balance of bacteria in the digestive tract. For individuals with recurring digestive discomfort or looking to optimise long-term gut health.

CARDIAC SCREENING

S\$1,179 (GST-inclusive) Included in Pine and Sequoia*

To identify those with high risk factors like diabetes, sedentary lifestyle, overweight, family history, males over 40 and females over 50.

Tests: HS Trop I Test MRI Stroke Screen



SMOKER'S SCREENING

\$\$299 (GST-inclusive) Included in Pine and Sequoia*

To identify respiratory-related conditions for regular smokers.

Tests: CT Lung Screen

ANAEMIA SCREEN

\$\$159 (GST-inclusive) Included in Cedar, Oak, Pine and Sequoia*

To identify anaemia through mineral deficiencies in the blood. For symptoms of persistent dizziness, shortness of breath and weakness.

Tests:

Vitamin B12 Folate/Folic Acid Ferritin Iron Serum Iron Binding Capacity (TIBC) % Iron Saturation Hb Electrophoresis (Thalassemia Screen)

OSTEOPOROSIS SCREEN

S\$159 (GST-inclusive)

Included in Pine and Sequoia*

To identify osteoporosis, more commonly among women aged 65+, post-menopausal women and men aged 70+.

Tests: Bone Mineral Density Test (Hip & Spine) Vitamin D (25-hydroxy)

ALLERGY SCREENING

ALLERGY TESTING

\$\$249-\$\$799 (GST-inclusive)

To identify allergies. Most effective if recent reactions occurred, not recommended otherwise.

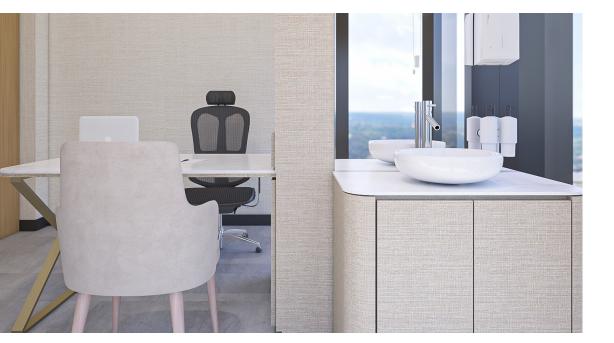
Tests:

Comprehensive panel (S\$749) Inhalant Panel 1 - Dust, mites, epidermals, pollens (S\$799) Inhalant Panel 2 - Molds, Yeast (S\$249) Seafood Panel (S\$439) Nuts (S\$499) Eczema (S\$549) Asthma (S\$799) Gastro (S\$429)



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ADD-ONS

ADD-ONS

VACCINATIONS

SHINGLES VACCINATION

S\$360 (GST-inclusive)

Recommended for:

Adults aged 50 and above to gain immunity to shingles. This vaccination service is available to both foreigners and Singapore residents.

What is the Shingles (recombinant zoster) vaccine used for?

The shingles vaccine protects against shingles (herpes zoster), caused by the Varicella Zoster Virus (VZV)-the same virus responsible for chickenpox. After chickenpox, VZV can remain dormant and reactivate later in life, leading to shingles. Vaccination helps prevent this painful condition and reduces the risk of spreading the virus to others. The vaccine is administered as a 2-dose series, with the second dose given 2-6 months after the first. Completing both doses is essential for full protection.

HPV 9-VALENT VACCINATION

S\$270 (GST-inclusive)

Recommended for:

Male and female between the age of 9-26. Ideally administered before sexual activity begins. Adults aged 27-45 may also benefit, consult with a doctor to determine your suitability.

What is the HPV 9-Valent vaccine used for? The HPV 9-valent vaccine offers advanced protection against nine strains of HPV, including those most commonly associated with cervical cancer and other cancers affecting the genital area, throat, and anus. It is recommended for both males and females as a preventive measure against HPV-related conditions.

RSV (RESPIRATORY SYNCYTIAL VIRUS) VACCINATION

S\$330 (GST-inclusive)

Recommended for:

Adults aged 60+ and certain high-risk individuals as advised by their doctor.

What is the RSV vaccine used for?

The RSV vaccine protects against Respiratory Syncytial Virus, which can cause severe respiratory illness such as bronchiolitis and pneumonia, especially in older adults and those with chronic heart or lung conditions.

PCV20 VACCINATION

S\$220 (GST-inclusive)

Recommended for:

Elderly aged 65 and above especially those with certain medical conditions and weakened immune systems.

What is the Pneumococcal Conjugate (PCV20) Vaccine used for?

Pneumococcal vaccines help to prevent pneumococcal disease caused by the bacteria Streptococcus pneumoniae. Pneumococcal disease includes infection of the lungs (pneumonia), ear (otitis media), brain (meningitis), blood (bacteremia) and other serious infections. Symptoms of pneumococcal disease vary depending on the infected organ. It can range from low-grade fever, cough, earache and chest pain, to more serious symptoms such as confusion or severe headaches.

VACCINATIONS

HEPATITIS A VACCINATION

S\$95 (GST-inclusive)

Recommended for:

Adults (18+ y.o.) who have not been previously vaccinated and lack immunity to Hepatitis A, as per Singapore's National Adult Immunisation Schedule (NAIS).

What is the Hepatitis A vaccine used for?

The Hepatitis A vaccine helps prevent infection caused by the Hepatitis A Virus (HAV), which can be spreads through contaminated food or water. Symptoms include fever, fatigue, nausea, loss of appetite, jaundice (yellowing of skin or eyes), and abdominal pain.



HEPATITIS B VACCINATION

S\$55 (GST-inclusive)

Recommended for:

Adults (18+ y.o.) who have not been previously vaccinated and lack immunity to Hepatitis B, as per Singapore's National Adult Immunisation Schedule (NAIS).

What is the Hepatitis B vaccine used for?

The Hepatitis B vaccine protects against Hepatitis B Virus (HBV), a blood-borne infection that can cause chronic liver disease and liver cancer. Symptoms include jaundice, joint pain, abdominal discomfort, fatigue, and nausea.

MMR (MEASLES, MUMPS, RUBELLA) VACCINATION

S\$40 (GST-inclusive)

Recommended for:

Adults without prior vaccination or immunity, especially those born after 1970.

What is the MMR vaccine used for?

The MMR vaccine protects against measles (fever, rash, pneumonia), mumps (swollen glands, hearing loss), and rubella (fever, rash, joint pain). These are highly contagious diseases with potential complications.

These services can be booked independently or added as part of your health screening.

To book these independently of an Executive Health Screening, a doctor's consultation is required per dose. Schedule a consultation with our in-house GP at DA Orchard MedSuites (\$65 Consultation Fee) for expert medical advice and guidance tailored to your unique health needs. The fee encompasses both the initial consultation and a post-checkup review (where applicable). Please contact our staff for further information on this.

ADD-ONS



YOUR HEALTH JOURNEY, SEAMLESSLY GUIDED



At DA MedSuites, your health screening is just the beginning. Whether you're a local patient or visiting from overseas, our Care Experience team is here to ensure you receive the right follow-up care – quickly, personally, and with complete peace of mind.

PERSONALISED SUPPORT, EVERY STEP OF THE WAY

Once your screening results are ready, our dedicated Care Experience team steps in to support you. If your results indicate the need for further medical attention, we're just a call or message away.

UNDERSTAND YOUR RESULTS WITH CONFIDENCE

Our team is trained to guide you through your screening outcomes and help you make informed decisions about next steps.

GET MATCHED WITH THE RIGHT SPECIALIST

We work closely with a trusted network of medical professionals, including our in-house specialists at Asian Healthcare Specialists, to ensure you're referred to the most appropriate doctor for your needs.

ENJOY SEAMLESS CARE COORDINATION

We handle the legwork – from scheduling appointments to ensuring smooth handovers between care teams – so you can focus on your health.

ACCESS CARE IN-PERSON OR VIRTUALLY

Prefer to speak with a doctor online? We can arrange teleconsultations through the Doctor Anywhere app, giving you flexibility and continuity wherever you are.

A TRUSTED NETWORK OF SPECIALISTS AT YOUR SIDE, WE'VE GOT YOU COVERED.

- Anaesthesia
- Dermatology
- ENT (Ear, Nose, Throat)
- Family Medicine
- · Gastroenterology
- Orthopaedics
- Ophthalmology
- Urology
- Oncology

- · Cardiology
- General Surgery
- Endocrinology
- Obstetrics & Gynaecology
- Paediatrics
- Neurology
- Rheumatology
- and more



DA MEDSUITES CLUB PRIVILEGES

IN PARTNERSHIP WITH COMO ORCHARD

Enhance your experience with a range of exclusive benefits designed with wellness in mind. Club Privileges are part of **Pine** and **Sequoia** packages. Upgrade options are available for all other packages.



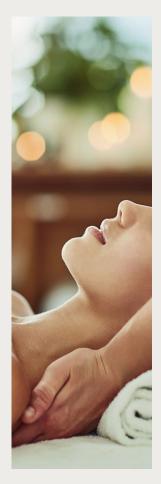
ELEVATE YOUR HEALTH JOURNEY

Experience exceptional comfort and personalised care, complete with an upgrade to our VIP Suite and Signature Menu, and dedicated health concierge service.



MASTERCLASS: ENRICH YOUR PLATE

Set off on a culinary journey with a renowned chef to learn the art of creating a well-balanced, healthy diet.



WELLNESS THERAPY @ COMO SHAMBALA

Indulge in ultimate relaxation and rejuvenation with a luxurious massage, guided meditation, or a fitness class of your choice.



PREFERENTIAL RATES ON SERVICES

Plus, enjoy preferential rates on a curated range of health and wellness services.

Privileges listed are subject to change without prior notice. For the latest updates, please visit: https://medsuites.doctoranywhere.com/perks/club-privileges/



DA MedSuites is part of Doctor Anywhere, an award-winning healthcare company headquartered in Singapore.

Founded in 2017 as a telemedicine platform, Doctor Anywhere has since expanded to become a regional healthcare provider serving over 2.5 million users in six countries across Southeast Asia. Its services include primary care, specialist care, telehealth, preventive health, and an online health and wellness marketplace.



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OPENING HOURS

WEEKDAYS 7.30AM – 4.00PM SATURDAY 8.30AM – 12.00PM Closed on Sunday and Public Holidays

VISIT OUR WEBSITE



damedsuites.com